Q1.

A person jumps as high as she can from a standing position.

What is a reasonable estimate of her speed just after she leaves the ground?

A 2 m s⁻¹

0

B 4 m s⁻¹

0

 ${\bf C}$ 8 m ${\bf S}^{-1}$

D 10 m s^{-1}

0

(Total 1 mark)

Q2.

A car travels at $100\ km\ h^{-1}$ on a motorway.

What is an estimate of its kinetic energy?

- **A** 10⁴ J
- 0
- **B** 10⁶ J
- 0
- ${f C}$ 10 8 J
- 0
- **D** 10¹⁰ J
- 0

(Total 1 mark)